

Travelling to Royal North Shore Hospital

NSW TrainLink will take you there



NSW TrainLink connects you to over 365 destinations, offering a comfortable and convenient way to travel between your home and Central Station, only 20 minutes from Royal North Shore Hospital.





NSW TrainLink could be right for you

NSW TrainLink offers train and coach services arriving at Central Station in Sydney.

Sometimes coaches replace trains and coach travel will require using stairs. If you have accessibility needs, please let us know when you book.

You'll also need a plan to get from Central Station to Royal North Shore Hospital. This could mean a taxi or rideshare service, or a train and short walk.

Talk to your health professional about whether travelling with NSW TrainLink is right for you.

Regional trains and coaches

NSW TrainLink operates long-distance trains and coaches to regional and interstate destinations.

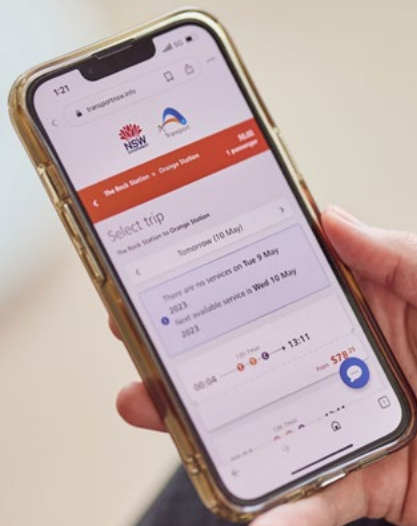
Book online

Book online anytime and save 5%.

Visit transportnsw.info/regional-travel

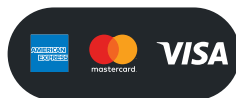
Book by phone

Call the NSW TrainLink Contact Centre on **13 22 32** (7am–10pm daily).



Payment options

You can book your ticket using a range of payment options including Visa, Mastercard or American Express.



Please note: ticketing terms and conditions apply, including cancellation and rebooking fees. To find out more, visit the '[Change or cancel a booking](#)' webpage. While NSW Trainlink will take all reasonable measures to ensure passenger safety, passengers travel at their own risk.

Opal network

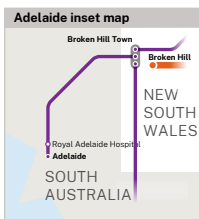
Trains between Sydney, the Blue Mountains, Central Coast, Hunter and Illawarra are on the Opal network.

To pay for your trip, tap on and tap off with an Opal card, credit/debit card or linked device.

You can pick up an Opal card from an Opal retailer. To find a retailer in your area visit transportnsw.info/opal-retailers

Visit transportnsw.info/trip to calculate your fare.

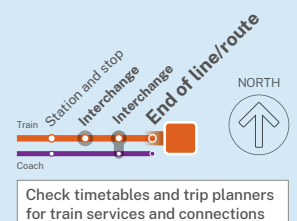
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For more information and map, visit transportnsw.info/opal



Visit transportnsw.info



Arriving at Central Station

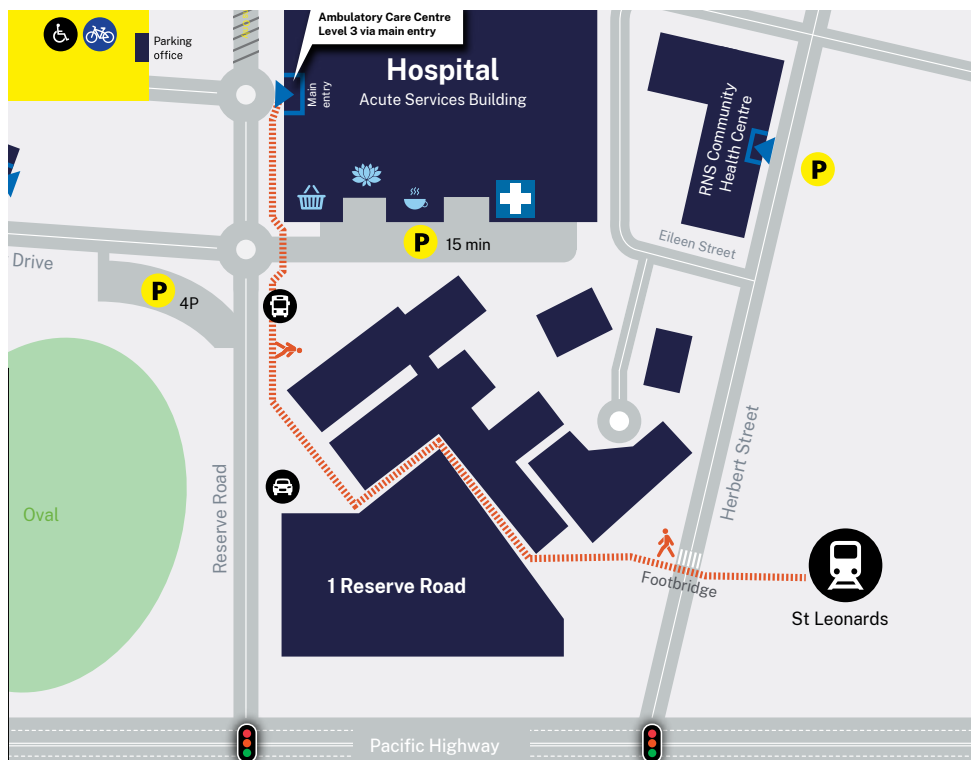
Check your ticket for your platform number. Regional and Intercity trains usually arrive and depart from Platforms 1–14 on the Grand Concourse.

If you need help, visit the Transport Information desk on the concourse.

For more information visit transportnsw.info/regional-travel

Getting to Royal North Shore Hospital by taxi or rideshare

A taxi rank is located on the Western Forecourt via Exit 1 at Central Station. Rideshare vehicles can also pick up passengers from here. Travel from Central Station to Royal North Shore Hospital is usually around 15 to 25 minutes, depending on traffic.



Getting to Royal North Shore Hospital by train

Trains to St Leonards Station usually leave Central Station from Platform 16 (check platform indicator screens for up-to-date information). The trip takes about 17 minutes and usually arrives at St Leonards Station on Platform 3.

Royal North Shore Hospital is around 5–10 minutes' walk from St Leonards Station Forum Plaza, using the footbridge over Herbert Street. Cross the footbridge and follow the path past the office building at 1 Reserve Road. Turn right and walk uphill to the Acute Services Building.

Help with travel costs

You may be eligible for support through the Isolated Patients Travel and Accommodation Assistance Scheme (IPTAAS) if you:

- live in New South Wales (including Lord Howe Island)
- are enrolled in Medicare
- must travel at least 100km for medical treatment
- are not receiving travel assistance from another service or insurer

For more, call **1800 478 227** or visit iptaas.health.nsw.gov.au/for-patients



Luggage and accessibility tips

For information on luggage rules and allowances, including personal medical needs and accessibility, visit the '[Luggage on NSW TrainLink services](#)' webpage.

Accessibility support

Need a translator? Call the Translating and Interpreting Service on **131 450**.

Hearing or speech impaired? Use the National Relay Service on **133 677**.

Please check your ticket prior to leaving the train for carriage exit information, and if you require further assistance, please speak to station staff.