

390

Toormina Community Centre to Park Beach Plaza via Sawtell

B

How to use this timetable

This timetable provides a snapshot of service information in 24-hour time (e.g. 5am = 05:00, 5pm = 17:00). Information contained in this timetable is subject to change without notice. Please note that timetables do not include minor stops, additional trips for special events, short term changes, holiday timetable changes, real-time information or any disruption alerts.

For the most up-to-date times, use the Trip Planner or Departures at transportnsw.info

Real-time planning

You can plan your trip with real-time information using the Trip Planner or Departures at transportnsw.info or by downloading travel apps on your smartphone or tablet.

The Trip Planner, Departures and travel apps offer various features:

- favourite your regular trips
- see where your service is on the route
- get estimated pick-up and arrival times
- receive service updates
- find nearby stations, stops, wharves and routes
- check accessibility information.

Find the latest apps at transportnsw.info/apps

Accessible services

All new buses are wheelchair-accessible with low-level floors and space for wheelchairs, prams or strollers. Look for the  symbol in this timetable. Some older buses may not have all the features you need. There will be more accessible services as older buses are replaced.

Who is providing my bus services?

The bus services shown in this timetable are run by Forest Coach Lines.

Fares

In Sydney and surrounding regions, fares are based on:

- the distance you travel from tap on to tap off
- the mode of transport you choose
- whether you're eligible for a concession fare or free travel
- any Opal benefits such as discounts and capped fares that apply.

You can use an Opal card or a contactless payment to pay for your travel.

Opal cards

An Opal card is a smartcard you keep and reuse. Add value before you travel, and tap on and tap off to pay your fares throughout Sydney, the Blue Mountains, the Central Coast, the Hunter and the Illawarra.

Which Opal card is right for you?

Adult – Customers 16 years or older who are not entitled to any concessions and normally pay full fare.

Child/Youth – For customers aged 4-15 (inclusive), or customers 16 years or older who hold a NSW/ACT Senior Secondary Student Concession Card.

Gold Senior/Pensioner – For eligible NSW and interstate seniors, pensioners, war widows/ers and asylum seekers.

Concession – For eligible tertiary students, job seekers, apprentices and trainees.

How to get an Opal card

You can get an Adult or Child/Youth Opal card over the counter at Opal retailers that display the Opal sign . To find your nearest retailer visit transportnsw.info/opal.

If you are eligible to travel with concession fares, you can apply for a Gold Senior/Pensioner or Concession Opal card online. Visit transportnsw.info/opal for more information.

Contactless payments

If you have an American Express, Mastercard, Visa card or linked device, you can use it to pay for all public transport on the Opal network. Just make sure to tap on and tap off at Opal readers at the beginning and end of your trip.

Always separate your cards when you tap on and tap off so your preferred card is charged.

You will receive the same travel benefits of an Adult Opal card when you tap on and tap off consistently with the same credit card, debit card or linked device. This includes daily, weekly and weekend travel caps, and a \$2 transfer discount when you change between metro/train, ferry, bus and light rail services within 60 minutes. Adult Opal fare pricing applies.

Find out more at transportnsw.info/contactless

Explanation of definitions and symbols

F Friday only

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Park Beach Plaza to Toormina Community Centre via Sawtell

B

Valid from: 15 May 2024

Creation date: 01 Sept 2024

NOTE: Information is correct on date of download.

Monday to Friday

Park Beach Plaza, Coffs Harbour	-	07:30	08:30	09:30	10:30	11:30	12:30	13:30	14:30
Park Ave at Little St, Coffs Harbour	-	07:39	08:39	09:39	10:39	11:39	12:39	13:39	14:39
Coffs Harbour Base Hospital, Coffs Harbour	-	07:50	08:50	09:50	10:50	11:50	12:50	13:50	14:50
C.ex Coffs International Stadium, Stadium Dr, Coffs Harbour	-	07:53	08:53	09:53	10:53	11:53	12:53	13:53	14:53
Southern Cross University, Coffs Harbour	-	07:56	08:56	09:56	10:56	11:56	12:56	13:56	14:56
Toormina Gardens, Toormina	-	08:02	09:02	10:02	11:02	12:02	13:02	14:02	15:02
Sawtell RSL, First Ave, Sawtell	07:10	08:09	09:09	10:09	11:09	12:09	13:09	14:09	15:09
Bayldon Community Centre, Toormina Rd, Toormina	07:15	08:14	09:14	10:14	11:14	12:14	13:14	14:14	15:14

Monday to Friday

Day Restrictions					F	F			
Park Beach Plaza, Coffs Harbour	15:30	16:30	17:30	19:30	21:30	23:30			
Park Ave at Little St, Coffs Harbour	15:39	16:39	17:39	19:39	21:39	23:39			
Coffs Harbour Base Hospital, Coffs Harbour	15:50	16:50	17:50	19:50	21:50	23:50			
C.ex Coffs International Stadium, Stadium Dr, Coffs Harbour	15:53	16:53	17:53	19:53	21:53	23:53			
Southern Cross University, Coffs Harbour	15:56	16:56	17:56	19:56	21:56	23:56			
Toormina Gardens, Toormina	16:02	17:02	18:02	20:02	22:02	00:02			
Sawtell RSL, First Ave, Sawtell	16:09	17:09	18:09	20:09	22:09	00:09			
Bayldon Community Centre, Toormina Rd, Toormina	16:14	17:14	18:14	20:14	22:14	00:14			

Saturday

Park Beach Plaza, Coffs Harbour	08:30	09:30	10:30	11:30	12:30	13:30	14:30	15:30	16:30
Park Ave at Little St, Coffs Harbour	08:39	09:39	10:39	11:39	12:39	13:39	14:39	15:39	16:39
Coffs Harbour Base Hospital, Coffs Harbour	08:50	09:50	10:50	11:50	12:50	13:50	14:50	15:50	16:50
C.ex Coffs International Stadium, Stadium Dr, Coffs Harbour	08:53	09:53	10:53	11:53	12:53	13:53	14:53	15:53	16:53
Southern Cross University, Coffs Harbour	08:56	09:56	10:56	11:56	12:56	13:56	14:56	15:56	16:56
Toormina Gardens, Toormina	09:02	10:02	11:02	12:02	13:02	14:02	15:02	16:02	17:02
Sawtell RSL, First Ave, Sawtell	09:09	10:09	11:09	12:09	13:09	14:09	15:09	16:09	17:09
Bayldon Community Centre, Toormina Rd, Toormina	09:14	10:14	11:14	12:14	13:14	14:14	15:14	16:14	17:14
Boambee Central Shops, Linden Ave, Boambee East	09:20	10:20	11:20	12:20	13:20	14:20	15:20	16:20	17:20
Linden Ave opp Boambee Central Shops, Boambee East	-	-	-	-	13:25	14:25	15:25	16:25	17:25

Saturday

Park Beach Plaza, Coffs Harbour	17:30	18:30	19:30	20:30	21:30	22:30	23:30		
Park Ave at Little St, Coffs Harbour	17:39	18:39	19:39	20:39	21:39	22:39	23:39		
Coffs Harbour Base Hospital, Coffs Harbour	17:50	18:50	19:50	20:50	21:50	22:50	23:50		
C.ex Coffs International Stadium, Stadium Dr, Coffs Harbour	17:53	18:53	19:53	20:53	21:53	22:53	23:53		
Southern Cross University, Coffs Harbour	17:56	18:56	19:56	20:56	21:56	22:56	23:56		
Toormina Gardens, Toormina	18:02	19:02	20:02	21:02	22:02	23:02	00:02		
Sawtell RSL, First Ave, Sawtell	18:09	19:09	20:09	21:09	22:09	23:09	00:09		
Bayldon Community Centre, Toormina Rd, Toormina	18:14	19:14	20:14	21:14	22:14	23:14	00:14		
Boambee Central Shops, Linden Ave, Boambee East	18:20	19:20	20:20	21:20	22:20	23:20	00:20		
Linden Ave opp Boambee Central Shops, Boambee East	18:25	19:25	20:25	21:25	22:25	23:25	00:25		

390**Park Beach Plaza to Toormina
Community Centre via Sawtell****B****Sunday & Public Holidays**

Park Beach Plaza, Coffs Harbour	08:30	09:30	10:30	11:30	12:30	13:30	14:30	15:30	16:30
Park Ave at Little St, Coffs Harbour	08:39	09:39	10:39	11:39	12:39	13:39	14:39	15:39	16:39
Coffs Harbour Base Hospital, Coffs Harbour	08:50	09:50	10:50	11:50	12:50	13:50	14:50	15:50	16:50
C.ex Coffs International Stadium, Stadium Dr, Coffs Harbour	08:53	09:53	10:53	11:53	12:53	13:53	14:53	15:53	16:53
Southern Cross University, Coffs Harbour	08:56	09:56	10:56	11:56	12:56	13:56	14:56	15:56	16:56
Toormina Gardens, Toormina	09:02	10:02	11:02	12:02	13:02	14:02	15:02	16:02	17:02
Sawtell RSL, First Ave, Sawtell	09:09	10:09	11:09	12:09	13:09	14:09	15:09	16:09	17:09
Bayldon Community Centre, Toormina Rd, Toormina	09:14	10:14	11:14	12:14	13:14	14:14	15:14	16:14	17:14
Boambee Central Shops, Linden Ave, Boambee East	09:20	10:20	11:20	12:20	13:20	14:20	15:20	16:20	17:20
Linden Ave opp Boambee Central Shops, Boambee East	-	-	-	-	13:25	14:25	15:25	16:25	17:25

Sunday & Public Holidays

Park Beach Plaza, Coffs Harbour	17:30	18:30
Park Ave at Little St, Coffs Harbour	17:39	18:39
Coffs Harbour Base Hospital, Coffs Harbour	17:50	18:50
C.ex Coffs International Stadium, Stadium Dr, Coffs Harbour	17:53	18:53
Southern Cross University, Coffs Harbour	17:56	18:56
Toormina Gardens, Toormina	18:02	19:02
Sawtell RSL, First Ave, Sawtell	18:09	19:09
Bayldon Community Centre, Toormina Rd, Toormina	18:14	19:14
Boambee Central Shops, Linden Ave, Boambee East	18:20	19:20
Linden Ave opp Boambee Central Shops, Boambee East	18:25	19:25

390**Toormina Community Centre to
Park Beach Plaza via Sawtell****B****Monday to Friday**

Bayldon Community Centre, Toormina Rd, Toormina	06:38	07:38	08:38	09:38	10:38	11:38	12:38	13:38	14:38
First Ave after Second Ave, Sawtell	06:43	07:43	08:43	09:43	10:43	11:43	12:43	13:43	14:43
Toormina Gardens, Toormina	06:50	07:50	08:50	09:50	10:50	11:50	12:50	13:50	14:50
Southern Cross University, Coffs Harbour	06:56	07:56	08:56	09:56	10:56	11:56	12:56	13:56	14:56
Stadium Dr opp C.ex Coffs International Stadium, Coffs Harbour	06:58	07:58	08:58	09:58	10:58	11:58	12:58	13:58	14:58
Coffs Harbour Base Hospital, Coffs Harbour	07:03	08:03	09:03	10:03	11:03	12:03	13:03	14:03	15:03
Park Ave opp Little St, Coffs Harbour	07:14	08:14	09:14	10:14	11:14	12:14	13:14	14:14	15:14
Park Beach Plaza, Coffs Harbour	07:26	08:26	09:26	10:26	11:26	12:26	13:26	14:26	15:26

Monday to Friday

Day Restrictions					F				
Bayldon Community Centre, Toormina Rd, Toormina	15:38	16:38	17:38	19:08	21:08				
First Ave after Second Ave, Sawtell	15:43	16:43	17:43	19:13	21:13				
Toormina Gardens, Toormina	15:50	16:50	17:50	19:20	21:20				
Southern Cross University, Coffs Harbour	15:56	16:56	17:56	19:26	21:26				
Stadium Dr opp C.ex Coffs International Stadium, Coffs Harbour	15:58	16:58	17:58	19:28	21:28				
Coffs Harbour Base Hospital, Coffs Harbour	16:03	17:03	18:03	19:33	21:33				
Park Ave opp Little St, Coffs Harbour	16:14	17:14	18:14	19:44	21:44				
Park Beach Plaza, Coffs Harbour	16:26	17:26	18:26	19:56	21:56				

Saturday

Boambee Central Shops, Linden Ave, Boambee East	07:27	08:27	09:27	10:27	11:27	12:27	-	-	-
Linden Ave opp Boambee Central Shops, Boambee East	07:32	08:32	09:32	10:32	11:32	12:32	13:32	14:32	15:32
Bayldon Community Centre, Toormina Rd, Toormina	07:38	08:38	09:38	10:38	11:38	12:38	13:38	14:38	15:38
First Ave after Second Ave, Sawtell	07:43	08:43	09:43	10:43	11:43	12:43	13:43	14:43	15:43
Toormina Gardens, Toormina	07:50	08:50	09:50	10:50	11:50	12:50	13:50	14:50	15:50
Southern Cross University, Coffs Harbour	07:56	08:56	09:56	10:56	11:56	12:56	13:56	14:56	15:56
Stadium Dr opp C.ex Coffs International Stadium, Coffs Harbour	07:58	08:58	09:58	10:58	11:58	12:58	13:58	14:58	15:58
Coffs Harbour Base Hospital, Coffs Harbour	08:03	09:03	10:03	11:03	12:03	13:03	14:03	15:03	16:03
Park Ave opp Little St, Coffs Harbour	08:14	09:14	10:14	11:14	12:14	13:14	14:14	15:14	16:14
Park Beach Plaza, Coffs Harbour	08:26	09:26	10:26	11:26	12:26	13:26	14:26	15:26	16:26

Saturday

Linden Ave opp Boambee Central Shops, Boambee East	16:32	17:32	18:32	19:32	20:32	21:32	22:32		
Bayldon Community Centre, Toormina Rd, Toormina	16:38	17:38	18:38	19:38	20:38	21:38	22:38		
First Ave after Second Ave, Sawtell	16:43	17:43	18:43	19:43	20:43	21:43	22:43		
Toormina Gardens, Toormina	16:50	17:50	18:50	19:50	20:50	21:50	22:50		
Southern Cross University, Coffs Harbour	16:56	17:56	18:56	19:56	20:56	21:56	22:56		
Stadium Dr opp C.ex Coffs International Stadium, Coffs Harbour	16:58	17:58	18:58	19:58	20:58	21:58	22:58		
Coffs Harbour Base Hospital, Coffs Harbour	17:03	18:03	19:03	20:03	21:03	22:03	23:03		
Park Ave opp Little St, Coffs Harbour	17:14	18:14	19:14	20:14	21:14	22:14	23:14		
Park Beach Plaza, Coffs Harbour	17:26	18:26	19:26	20:26	21:26	22:26	23:26		

390**Toormina Community Centre to
Park Beach Plaza via Sawtell****B****Sunday & Public Holidays**

Boambee Central Shops, Linden Ave, Boambee East	07:27	08:27	09:27	10:27	11:27	12:27	-	-	-
Linden Ave opp Boambee Central Shops, Boambee East	07:32	08:32	09:32	10:32	11:32	12:32	13:32	14:32	15:32
Bayldon Community Centre, Toormina Rd, Toormina	07:38	08:38	09:38	10:38	11:38	12:38	13:38	14:38	15:38
First Ave after Second Ave, Sawtell	07:43	08:43	09:43	10:43	11:43	12:43	13:43	14:43	15:43
Toormina Gardens, Toormina	07:50	08:50	09:50	10:50	11:50	12:50	13:50	14:50	15:50
Southern Cross University, Coffs Harbour	07:56	08:56	09:56	10:56	11:56	12:56	13:56	14:56	15:56
Stadium Dr opp C.ex Coffs International Stadium, Coffs Harbour	07:58	08:58	09:58	10:58	11:58	12:58	13:58	14:58	15:58
Coffs Harbour Base Hospital, Coffs Harbour	08:03	09:03	10:03	11:03	12:03	13:03	14:03	15:03	16:03
Park Ave opp Little St, Coffs Harbour	08:14	09:14	10:14	11:14	12:14	13:14	14:14	15:14	16:14
Park Beach Plaza, Coffs Harbour	08:26	09:26	10:26	11:26	12:26	13:26	14:26	15:26	16:26

Sunday & Public Holidays

Linden Ave opp Boambee Central Shops, Boambee East	16:32	17:32
Bayldon Community Centre, Toormina Rd, Toormina	16:38	17:38
First Ave after Second Ave, Sawtell	16:43	17:43
Toormina Gardens, Toormina	16:50	17:50
Southern Cross University, Coffs Harbour	16:56	17:56
Stadium Dr opp C.ex Coffs International Stadium, Coffs Harbour	16:58	17:58
Coffs Harbour Base Hospital, Coffs Harbour	17:03	18:03
Park Ave opp Little St, Coffs Harbour	17:14	18:14
Park Beach Plaza, Coffs Harbour	17:26	18:26

Routes 390, 391

